

Symmetry

Description:

Teacher asks the students to follow his/her actions same time while he/she performs them. Then he/she introduces the concept of symmetry.

Ideas to use:

- Ask students to work in couples and practice some symmetrical actions and then perform them in front of the other students. The audience should observe and spot if all the actions were symmetrical.
- Ask the students to stand in opposite sites of a square shape (drawn on the floor) and ask them to walk symmetrical.
- Ask the students to perform some movements on a dance song and others should repeat them with symmetry

