

The name game

Name game (Creativity, memory, voice, movement coordination)

Description:

Stand in a big circle together. Have one person (Person A) say their name and create a movement to it. Bonus points if it can imitate the rhythm of the sound. Then have everybody repeat the sound and movement together. The next person (Person B) will say their name and create a movement. Everyone repeats the first, plus the second (A, B). Continue going around the circle, adding on for each person, thus creating a longer and longer sequence. In the end, you will have a full dance incorporating the movements of each person.

Ideas to use:

1. To challenge the group after completing the whole sequence, the practice of saying the names out loud can be removed. Add music and repeat the sequence in this way.
2. Add music, and repeat the sequence.

